

Where you can get information about enrolling in the PSHB Program

2025 Blue Cross and Blue Shield Service Benefit Plan - Standard and Basic Option PSHB Facts

Coverage information:

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See <https://health-benefits.opm.gov/PSHB/> for enrollment information as well as:

- Information on the PSHB Program and plans available to you
- A health plan comparison tool

Note: Contact the USPS for information on how to enroll in a PSHB program Plan through the PSHB System.

Also, your employing or retirement office can answer your questions, give you other plans' brochures and other materials you need to make an informed decision about your PSHB coverage. These materials tell you:

- When you may change your enrollment
- How you can cover your family members
- What happens when you transfer to another Federal agency, go on leave without pay, enter military service, or retire
- What happens when your enrollment ends
- When the next Open Season for enrollment begins

We do not determine who is eligible for coverage. You will be responsible for making changes to your enrollment status through the PSHB system. In some cases, your employing or retirement office may need to submit documentation. For information on your premium deductions, you must also contact your employing or retirement office.

Once enrolled in your PSHB Program Plan, you should contact your carrier directly for updates and questions about your benefit coverage.